



KickingforCauses.org



401.439.7748



kickingforcauses

Kicking Substance Use Disorder RSAK To Support Learn to Cope “Forget-Me-Not Initiative”

Kicking for Causes is a 501c3 non-profit charity fundraising and educational campaign program designed to engage community members, families and children in leadership development, creative fundraising and martial arts training. The goal is to further the growth and sustainability of local organizations including those dedicated to education, youth programs, community development, medical research and more. Over the past 12 years, Kicking for Causes has helped raise over \$250,000 for charitable causes.

This year for the 2025 Kicking for Causes fundraising event at **Rocky Silva’s American Karate**, we will be partnering with **Learn to Cope and their Forget-Me-Not Initiative**. Our event will help support the many efforts of the organization as they try and double the aid they provide to families for their 2025 initiative. We are trying to raise over **\$40,000** at this year’s Kicking for Causes event to help them reach their goal!

This year we are excited to announce that our board breaking fundraiser which will be held at Rocky Silva’s American Karate on Saturday, June 7th, 2025 also marks Kicking for Causes’ 12th anniversary since its founding. Thousands of boards will be available for a minimum donation of **\$10** per board. Sponsor a board in support of Learn to Cope, RSAK, family members, friends or simply to rally behind an important philanthropic opportunity. Boards may be decorated and commemorated the day of the event at RSAK in honor of those who have donated. When you arrive on June 7th, the instructors and volunteers of Rocky Silva’s American Karate will assist students and families in their breaking of these honorary boards. The day will also include other exciting activities including music, games, educational classes, raffle prizes for kids and adults and other surprises. Together we can raise funds for a great cause, all while having fun and “Kicking Substance Use Disorder”.

All donation information can be found at **www.KickingForCauses.org**

**ALL DONATIONS SHOULD BE COLLECTED PRIOR TO JUNE 7TH , HOWEVER
DONATIONS WILL BE ACCEPTED THROUGH THE DAY OF THE EVENT**

Information & Questions

Please Contact Mr. Lazouras
Kicking for Causes, Founder

401-439-7748 info@kickingforcauses.org

Saturday, June 7th Event Location

Rocky Silva’s American Karate
1275 Fall River Avenue
Seekonk, MA 02771



ROCKY SILVA'S
AMERICAN KARATE
— EST. 1990 —

Kicking Substance Use Disorder



This Year's Goal is \$40,000+



- 1** Find Your Passion & Cause
- 2** Team Up & Come Together
- 3** Raise Funds For The Cause
- 4** Make a Break-Through

Forget-Me-Not Initiative

Learn to Cope is a 501(c)(3) non-profit and a peer-led support network that offers education, resources, and hope for family members and friends who have loved ones affected by substance use disorder. Learn to Cope is proud to announce the completion of the first year of the Forget-Me-Not Initiative. This heartwarming pilot program was launched to provide financial assistance to families who have lost a parent to substance use disorder, or who are raising children (18 and under) after the loss of a parent, or due to a parent's inability to care for them. Learn to Cope has distributed one-time grants to families which aim to address the growing and basic needs of children who have experienced the loss or absence of a parent, and to provide them with the resources and support they need to thrive.

Kicking for Causes Mission



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TAX EXAMPT ID# 46-4143094

BUY

Sponsor a Kicking for Causes Board in honor, memory or support of a great cause. Each donation is tax deductible and helps us reach our fundraising goal

BREAK

Make breakthroughs as you smash wooden karate boards in an exciting exhibition of confidence, determination and focus.

How Do My Donations Help?

Every Kicking for Causes donation helps support key initiatives including...

- ✓ Supporting local and national charities
- ✓ Providing important self-defense and awareness trainings to youth and adults
- ✓ Support local businesses and community members
- ✓ Provide funding into the Kicking for Causes general fund which aims to establish future charitable giving and scholarship opportunities
- ✓ Help Kicking for Causes continue its mission for future events
- ✓ Charitable partners receive 80% of all donations collected to help them best serve children and families in need of assistance

BELIEVE

Believe in making a difference in the community, and know that you have made an impact on the lives of others.

How Do I Fundraise?

Please fill out the attached fundraising log sheet completely and return it with the following:

- ☐ Correctly filled out Donation Log Sheet with the number of boards and dollars raised
- ☐ Enclosed donations in the form of cash or checks made payable to Kicking for Causes
- ☐ Place all of the above, including a printout or record of any online donations, in a sealed envelope with the students' name

HOW TO MAKE FUNDRAISING EASY

Fundraising can be a challenge at first, but here are some helpful tips to help you reach your individual fundraising goals this year!

Have you asked people you know for their support?

- ☐ Parents, siblings
- ☐ Grandparents and extended family
- ☐ Current and past teachers
- ☐ Family's coworkers or employees
- ☐ Neighbors
- ☐ Friends and classmates
- ☐ Coaches and teammates
- ☐ Have you made your own donation yet?
- ☐ Share the good work you are doing on your parent's social media or your own social media

Are you taking advantage of social media to make fundraising easy and simple?

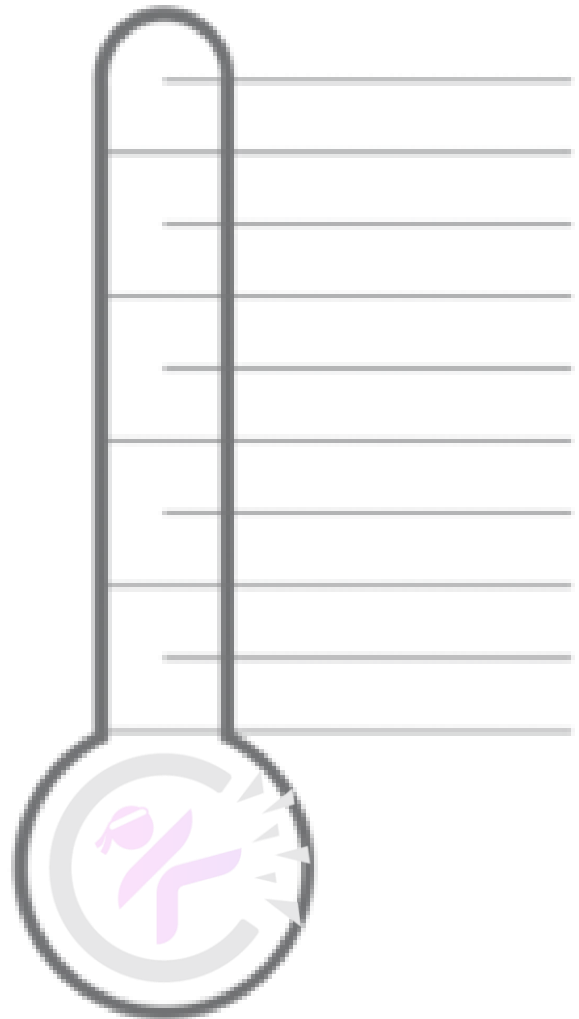
Facebook, Instagram and other social media platforms can serve as a huge resource in spreading the word of your incredible fundraising efforts. Try some of the following easy and fast methods for reaching new donors:

- ☐ Share Kicking for Causes posts via their Facebook page
- ☐ Try sharing past photos or the Kicking for Causes website, www.kickingforcauses.org
- ☐ Send your contacts the link to donate at www.kickingforcauses.org/donate
- ☐ Update your status and posts weekly with progress reports and info
- ☐ Try posting a picture/video of you or your child in uniform asking for donations and support

First, pick a total goal of how much you would like to fundraise. Then try setting goals each week and when you accomplish them, color in your thermometer below; then set a new goal! Maybe try using dollars raised or even the # of boards you would like to break

YOUR FUNDRAISING GOAL

\$



\$