



FUNDRAISING | EDUCATION | SEMINARS



KickingforCauses.org



401.439.7748



[kickingforcauses](https://www.instagram.com/kickingforcauses)

Kicking Diabetes *Martial Arts to support Children and Teens* *with Type 1 Diabetes*

Saturday, June 22nd , 2019 10AM-4PM

This year for the 2019 Kicking for Causes fundraising event at Rocky Silva's American Karate, we will be partnering with the Camp Surefire Foundation. Camp Surefire provides educational programs and camping sessions for children and teens with Type 1 diabetes. The mission of the Camp Surefire Foundation is to support, manage, and develop programs for Camp Surefire, Rhode Island's only camp for children with Type 1 diabetes; to create a community of learning about diabetes between campers and their peers, counselors, and medical staff; and to promote the development of life-long skills and relationships which will minimize the impact of diabetes on participant's lives.

Millions of people around the world live with diabetes or know someone living with diabetes. The majority have Type 2 diabetes, but an important minority have Type 1 diabetes (previously known as juvenile diabetes). In Type 1 diabetes, the body does not produce insulin, a critical hormone which regulates sugar levels in the body. With the help of insulin therapy and other treatments, individuals with Type 1 diabetes can learn to manage their condition and live long, healthy lives. Camp Surefire allows children living with Type 1 Diabetes to safely participate in an overnight camp experience with their peers. Volunteer counselors and medical professionals work around the clock to help campers manage their blood sugar and administer their insulin. While at camp, children have the opportunity to feel "normal" and be part of an extended family who understands their daily challenges.

This year we are excited to introduce our **"Kicking Diabetes: Martial Arts to Support children and teens with Type 1 diabetes"** board breaking fundraiser which will be held at Rocky Silva's American Karate on Saturday June 22nd 2019. Thousands of boards will be available for a recommended minimum donation of \$10 per board. Sponsor a board in support of the Camp Surefire Foundation, RSAK, family members, friends or simply to rally behind an important philanthropic opportunity. Boards may be decorated and commemorated the day of the event at RSAK in honor of those who have donated. When you arrive on June 22nd, the instructors of Rocky Silva's American Karate will assist students and families in their breaking of these honorary boards. The day will also include other exciting activities including music, food, games, educational classes, raffle prizes for kids and adults and much, much more. Together we can raise funds for a great cause, all while having fun and making some breakthroughs! This year's goal is to raise more than **\$40,000**. All donation forms can be downloaded at: KickingforCauses.org/Resources



Kicking Diabetes 2019
to benefit
The Camp Surefire Foundation

Kicking Diabetes

Martial Arts to Support Kids and Teens
with Type 1 Diabetes

To benefit
The Camp Surefire Foundation

\$160,000 Raised Since 2013



1 Find Your
Passion
& Cause

2 Team Up
& Come
Together

3 Raise
Funds For
The Cause

4 Make a
Break-
Through

Join Us For A Day Filled With:

- ⌘ Board Breaking & Decorating
- ⌘ Guest Speakers & Family Resources
- ⌘ Gift Basket Raffle for Kids & Adults
- ⌘ Games & Activities for the Whole Family
- ⌘ Exciting Performances & Prizes to Win
- ⌘ Music, Food and Fun!

**ALL DONATIONS SHOULD BE COLLECTED PRIOR TO JUNE 22nd, HOWEVER
DONATIONS WILL BE ACCEPTED THROUGH THE DAY OF THE EVENT**

Information & Questions

Please Contact Mr. L
Kicking for Causes, Founder
401-439-7748 info@kickingforcauses.org

Event Location for Fundraiser

Rocky Silva's American Karate
1275 Fall River Avenue
Seekonk, MA 02771



Our Mission

Kicking for Causes is a non-profit public charity fundraising and advocacy campaign program designed to engage community members, families and children in leadership development, creative fundraising and martial arts training to further the growth and sustainability of local institutions including those dedicated to education, youth athletics, community development, medical research and more. Over the past 6 years, Kicking for Causes has helped raise nearly \$160,000 for charitable causes.

BUY

Sponsor a Kicking for Causes Board in honor, memory or support of a great cause. Each donation is tax deductible and helps us reach our fundraising goal

BREAK

Make breakthroughs as you smash wooden karate boards in an exciting exhibition of confidence, determination and focus.



**ROCKY SILVA'S
AMERICAN KARATE**
— www.RockySilvasAmericanKarate.com —

BELIEVE

Believe in making a difference in the community, and know that you have made an impact on the lives of others.

How do my donations help?

Every Kicking for Causes donation helps support key initiatives including;

- ✓ Supporting local and national charities
- ✓ Providing important self-defense and awareness training
- ✓ Support local businesses and community members
- ✓ Provide funding into the Kicking for Causes general fund which aims to establish future charitable giving and scholarship opportunities
- ✓ Help Kicking for Causes continue it's mission for future events

How Do I Fundraise?

Please fill out the attached fundraising log sheet completely and return it with the following:

- Correctly filled out Donation Log Sheet with the number of boards and dollars raised
- Enclosed donations in the form of cash or checks made payable to Kicking for Causes
- Place all of the above, including a print out or record of any online donations, in a sealed envelope with the students name

HOW TO MAKE FUNDRAISING EASY

Fundraising can be a challenge at first glance, but here are some helpful tips to help you reach your individual fundraising goals!

Have you asked these folks for their support?

- Parents, siblings
- Grandparents and extended family
- Current and past teachers
- Family's coworkers or employees
- Neighbors
- Friends and classmates
- Coaches and teammates
- Have you made your own donation yet?
- Share the good work you are doing on your parents social media or your own social media

Are you taking advantage of social media to make fundraising easy and simple?

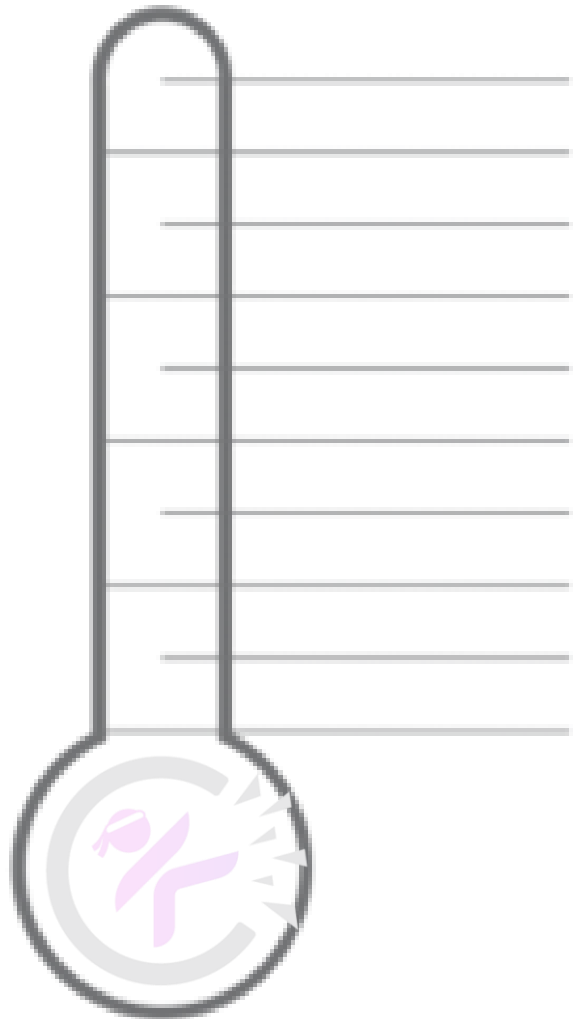
Facebook, Instagram and other social media platforms can serve as a huge resource in spreading the word of your incredible fundraising efforts. Try some of the following easy and fast methods for reaching new donors:

- Share Kicking for Causes posts via their Facebook page
- Try sharing past photos or the new Kicking for causes website kickingforcauses.org
- Share your own CrowdRise fundraising page to make it easy for family and friends to donate no matter where they are from
- Update your status and posts weekly with progress reports and info
- Try posting a video of you or your child in uniform asking for donations and support

Try setting goals each week and when you accomplish them, color in your thermometer below; then set a new goal! Maybe try using dollars raised or even the # of boards you would like to break

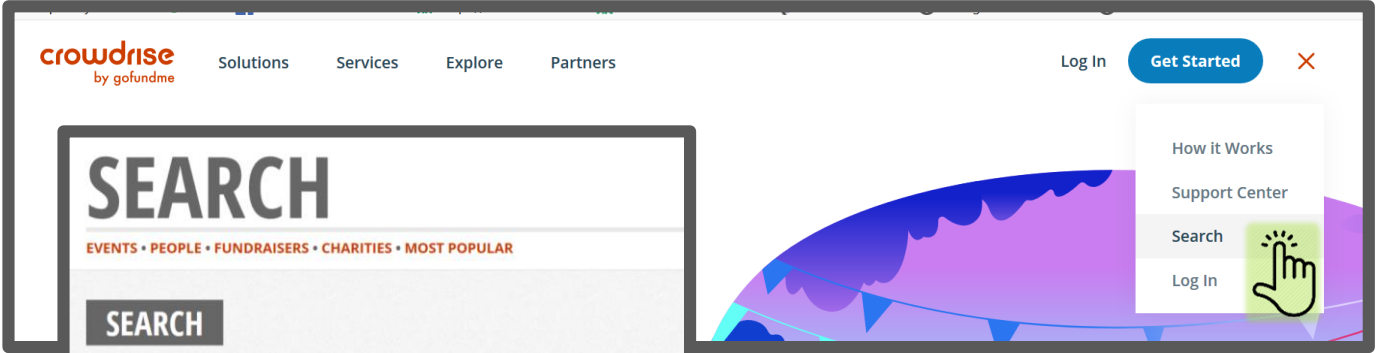
FUNDRAISING GOAL

\$

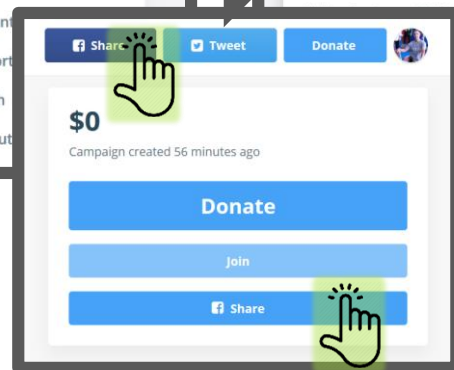
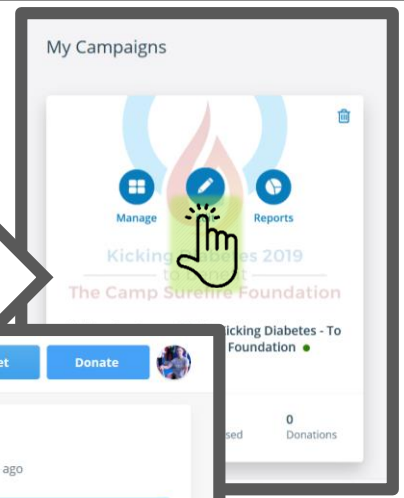
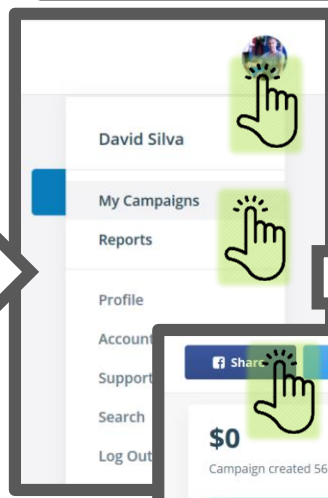
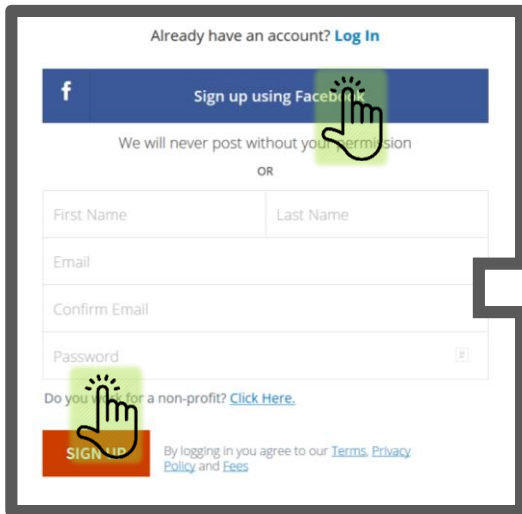


HOW TO USE CROWDRISE TO ACCEPT CREDIT CARD DONATIONS ONLINE & BOOST YOUR FUNDRAISING

Step 1: Visit www.crowdrise.com and search for **Kicking For Causes 2019** by clicking the Search button in the top navigation bar (or log in if you have an existing account with CrowdRise)



Step 2: Select the Kicking Diabetes fundraiser. Click "Join". You can register through Facebook or using an email.. Or log in to an existing account from last year.



Step 3: You can now edit your own customizable fundraising page with photos, videos, notifications, updates, you can share your page with friends and family on social media, and set your own goals! Please see Mr. L or Ms. Rae for support or questions. Please do not accidentally use Facebook Fundraising or buttons as it does not end up coming to our organization. See the bottom right photo for more info.

